

XVIII. Miss Wilson, clerk in the  
ago Postoffice, cousin of the wife  
e President's own brother.

XIX. S. R. Lambert, M. D., second cousin of the President, Receiver of Public Moneys in Oregon. Was removed from a gaushership in Chicago for the usual reasons.

X. Reader W. Clarke, the President's own cousin, Supervisor of Interevenue for Southern Ohio.

XI. Joseph W. Dwyer, cousin of third cousin of the President, Successor of Internal Revenue of Ohio.

son of the third cousin of the President—his sister having married the late Columbus Delano—clerk of the Interior Department. He had another son in addition, but the Comptroller of the Treasury refused to pay him salaries. Hopes to get both salaries after the next election.

**HOT RED SPOT.**—No more striking subject for a painter could be imagined than Mr. Vallandigham, as described in the newspaper reports, with fixed eyes, set teeth, and only paleness at the little red spot on his skin, which had been so inadvertently caused by drawing a pistol from his pocket. The wound was quite mortal, if we may so speak, and it

ared a small matter. Little blood  
ress pain accompanied it, and as  
wounded man felt around for the  
he might have hoped that he would  
ize it out and attend to his business  
day or two. But to the practiced  
ination of the surgeon that little  
pot meant death. All the wealth  
the United States, and all the  
ngth of the great party of which

as a leader, might have been spent in to save the man who a few years before was sound and whole, full of life and vigor. The spot is larger, the blood flowed more, both inwardly and outwardly, in a few hours death closed the door. There are other ways in which men's inadvertence may leave a wound. The boy who first steals

his employer, or looks into a famous picture book, has made the red spot. The youth who takes on a fit of drunkenness has condemned himself to the gallows. The busy business man who is tempted into a quarrel has inflicted the incurable reef on his character. And we need add that the other sex are even liable to be irretrievably ruined by the same kind of conduct.

**IMPORTANCE OF EXERCISE.**—Without the regular exercise of the body cannot be maintained; the body becomes weak, the countenance pale, the spirits depressed and gloomy. Regular bodily exercises, on the contrary, creates a healthy appetite, invigorates the power of digestion,

During the Winter season, exercise in the air preserves the path of the body and renders it less susceptible to the influence of cold, less dependent for its comfort on artificial heat. The periods of the day best adapted to exercises are only in

morning and toward the close of day. Walking is the most beneficial and most natural exercise, because in the erect position, every part of the body is free from restraint, while by gentle motion communicated to a portion of it, in the act of walking, free circulation is promoted. Walking, riding on horseback and all kinds of exercise to be preferred.

Other species of exercise may be considered as contributing to the support of health—is working in the garden in the fields, running, leaping, and swimming.

of all the glory of commerce has for years obtained from the Arctic and is the product of elephants' ivory. It may be, a hundred thousand years ago. The whole country along the Siberian rivers is a vast deposit of the remains of ancient animals—principally elephants, who were exterminated by some terrible and widespread convulsion. They are found in

livial soil and in the ice along Arctic ocean, sometimes with the preserved to so perfect a degree dogs devour it. Our Alaska ponies have the same rich stores of food on all their larger streams so far as the marshy ground along the coast is underlaid with bones and tusks, the latter are sometimes sticking out of the mud like stumps of saplings.

dominant gentleman connected with the Alaska Fur Company affirms that there is ivory enough on the Yukon to supply the commerce of the world for a hundred years. Whether the ivory region extends across the North American continent or is confined to the country between the Pacific and the mountain range, is not determined.

THE Democratic Central Executive Committee, at Washington, have issued following circular:

This Committee have had their attention called to an anonymous pamphlet, entitled: "Concession, or the Lost Cause May be Gained," being circulated over the United States as though emanating from Democratic sources. The Committee are

organized to denounce the same as a  
and the sentiment therein ex-  
posed as antagonistic to the principles  
purposes of the Democratic party.  
ther, this Committee are of the  
omious opinion that the same has  
nated from Radical sources, with  
intention to deceive the people and  
advice them against the only party  
ch can reform the administration

ADLAM, Assessor of the Taxpayer's  
et, San Francisco, was bitterly op-  
ed by members of the Eureka Ty-  
pographical Union on account of his  
stance rendered to the *Bulletin*  
the late strike.

The State Board of Examiners  
 ated the money in the State Treas-  
 on Saturday, and found there were  
 \$70.59—\$539,472.78 in gold and  
 er, and \$68,103.75 in legal tenders.

rick Pomeroy lectured at Nevada  
 on Saturday evening last.











